

Additional Services available at Crowland Children's Centre

If you would like any further information on the Services available at the Children's Centre, please ask a member of staff.

Crowland Children's Centre is part of South Holland Children's Centres which also include: Spalding 01775 767475, Holbeach 01406 426064, Sutton Bridge 01406 359327

Toddler Outdoor Group – Let's Get Active: This exciting new session is for confident movers with younger siblings welcome.

Growing Talk: A music and rhyme session focusing on developing children's growing language skills. Children will meet Mikey the puppet and sing along to their favourite songs.

Rhyme Time: A music and rhyme themed session where children can develop their language and communication skills by singing along to their favourite songs and nursery rhymes.

Baby Massage – A 5 week course for you and your baby to spend precious time bonding, through massage.

Little Explorers– A sensory & messy play session providing materials of different textures, temperatures and consistencies for children to explore, supporting their development & growing confidence

Stay play (under ones) For children under one, or not yet walking this drop-in play and learning session offers a variety of activities that are based upon the likes and interests of the children attending. Giving the children attending the opportunity to develop their growing skills while having lots of fun.

Learning Together: 6 week programme offering a variety of activities as well as a Talk Time, songs and stories to support children's development by building their confidence as they learn to explore.

Skills Development Service – How Can We Help? Find out how we can support parents with their own Confidence Building, Adult Learning, Volunteering and Employment.

GROW Your Own Confidence Course: A relaxed course for parents who want to build their self-confidence and resilience, delivered in partnership with LCC Adult Skills and Family Learning.

Breaststart Group: Come and join us in a relaxed, friendly environment, chat and meet other breastfeeding mums and get some support and advice. A member of the health visiting team supports the group. Pregnant ladies also welcome. Opportunity to self-weigh for breastfeeding mums.

Top Tips for Babies: Join the family health worker for discussions on subjects like when to introduce solids, healthy eating, oral health, accident prevention, immunisation, how to access support and more. To book a place, please call 01522 843000.

Crowland Children's Centre WHAT'S ON GUIDE



From 21st February 2022 Timetable

**Address – Postland Road,
Crowland,
PE6 0JA
Tel 01733 211609**

Opening Times
Open:
Monday- Thursday: 08:30- 16:30
Friday: 08:30-16:00



Email: crowlandcc@lincolnshire.gov.uk

Like us on Facebook to stay in touch 

For all up to date information please go to our web pages at:
<https://www.lincolnshire.gov.uk/childcare-and-family-support/find-a-childrens-centre/>



Lincolnshire
COUNTY COUNCIL
Working for a better future

Crowland Children's Centre

Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
Health Visitor Assessment Clinic *Appointment only call 01522 843000*	Antenatal Clinic *Appointment only*	Health Visitor Assessment Clinic *Appointment only call 01522 843000*	Health Visitor Assessment Clinic *Appointment only call 01522 843000*	Antenatal Clinic *Appointment only*
10.00am-10.45am Rhyme Time 0-5 Years <i>A music and rhyme themed session where children can develop their language and communication skills by singing along to their favourite songs and nursery rhymes.</i>		10.00am-11.00am Little Explorers 0-5 Years <i>A sensory and messy play session providing materials of differing textures, temperatures and consistencies for children to explore, supporting their development and growing confidence.</i>	10.00am-11.00am Baby Massage (Birth – 6 Months) A 5 week course for you and your baby to spend precious time bonding, through massage. To book for our 5 week programme please email: crowlandcc@lincolnshire.gov.uk	
11:30am-12:30pm Breast Feeding Group <i>You do not need to book onto a Breastfeeding Session and can just attend on a Monday at 11:30. Please make sure you are familiar with building safety guidance.</i>	Virtual - Opening Doors to employment 10:00am-11:00am This four-week employability course is for parents who are ready to look for a job but could do with a helping hand. By the end of the course, you will have an up-to-date CV, know how and where to effectively job search and feel confident about communicating your skills and experience during interviews. To find out more email beststart@eyalliance.org.uk			
Top Tips First <u>Monday</u> of the month 2.00pm–3.00pm Suitable for 3-4 month old babies <i>Join the family health worker for discussions on subjects like when to introduce solids, healthy eating, oral health, accident prevention, immunisation and more. <u>To book a place, please call 01522 843000</u></i>		1.00pm-2.00pm Early Explorers 0-1 Years <i>A sensory and messy play session providing lots of fun filled opportunities each week for babies to explore using their senses.</i>		Virtual - GROW Your Own Confidence 12.30pm–2.00pm A friendly and relaxed four week course for parents who would like to build their own confidence. Run in partnership with Lincolnshire Adult Skills and Family Learning Service. To find out more email beststart@eyalliance.org.uk
		1.00pm – 2.30pm Virtual 'Preparation for Parenting' Sessions run on <u>Wednesday's</u> Wednesday 23rd February To Register Click here Wednesday 23rd March To Register Click here Any problems registering email beststart@eyalliance.org.uk		

All our activities are FREE and booking is NOT required unless stated.

Please note that the use of mobile phones and cameras are **NOT** permitted in the centre. Thank you