

Additional Services available at Carlton Road Children's Centre
If you would like any further information on the Services available at the Children's Centre, please ask a member of staff.

Carlton Road Children's Centre is part of Boston North Children's Centres which also include:

Norfolk Lodge: 01522 843135, Fishtoft Road: 01205 356410,
St. Christopher's: 01205 357608, Old Leake:

Growing Talk: A music and rhyme session focusing on developing children's growing language skills. Children will meet Mikey the puppet and sing along to their favourite songs.

Rhyme Time: A song and rhyme session to support children's early communication skills.

The Early Days: Co-delivered with a Health Visitor for families with babies born during Covid-19.

GROW Your Own Confidence Course: A relaxed course for parents who want to build their self-confidence and resilience, delivered in partnership with LCC Adult Skills and Family Learning.

Toddler Outdoor Group – Let's Get Active: This exciting new session is for confident movers with younger siblings welcome.

Skills Development Service: Works with parents who want to make positive changes for themselves and their families. The service offers encouragement and practical support with trying new things and getting more involved, often leading to Learning, Training, Volunteering and Employment.

Learning Through Play: This session offers an opportunity for parents/carers/children to discover and explore a wide range of play activities together encouraging children's independence, confidence and social skills. self-confidence and resilience, delivered in partnership with LCC Adult Skills and Family Learning.

Learning Together Babies/ Toddler: Learning together offers a variety of activities as well as a Talk Time, songs and stories to support children's development, by building their confidence as they learn to explore.

Our Health Services

Health Visitor Clinic: There are many different health professionals within the Centre, delivering services such as midwifery and health visiting clinics. A health visitor clinic includes 6-8 week, 8-12 months and 2-2.5 year's assessments as well as 3-4 month contact.

Breast Start Group: BreastStart Group: Come and join us in a relaxed, friendly environment, chat and meet other breastfeeding mums and get some support and advice. A member of the health visiting team supports the group. Pregnant ladies also welcome. Opportunity to self-weigh for breastfeeding mums.

Top Tips for Babies: Join the family health worker for discussions on subjects like when to introduce solids, healthy eating, oral health, accident prevention, immunisation, how to access support and more. Please call 01522 843000 to book a place.

Carlton Road Children's Centre WHAT'S ON GUIDE



Timetable from Monday 21st February 2022

Carlton Road Children's Centre,
Carlton Road Academy
Carlton Road, Boston, PE21 8QX
Tel – 01205 355056

Opening Times
Mon-Thursday 8.30am – 4.30pm
Friday 8.30am – 4pm



Email: carltonroadcc@lincolnshire.gov.uk

Like us on Facebook to stay in touch 

For all up to date information please go to our web pages at:
<https://www.lincolnshire.gov.uk/childcare-and-family-support/find-a-childrens-centre/>



Carlton Road Children's Centre 21st February 2022

Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
	Health Visitor Assessment Clinic *Appointment only call 01522 843000*	Antenatal Clinic – Appointment only *Appointment only call 01205 445414*	Antenatal Clinic – Appointment only *Appointment only call 01205 445414*	
10.00 am – 11.30am 3-4 Months Top Tips Every 1 st and 3 rd Monday of the month Contact the SPA Line to book your place 01522 843000	10.00 am – 11.30am 3-4 Months Top Tips Every 2 nd and 4 th Tuesday of the month Contact the SPA Line to book your place 01522 843000			10.00am - 11.00am Learning Together Toddler 6 week programme on Personal, Social and Emotional Development (For toddling children aged 1-5 years) To book your place please email: carltonroadcc@lincolnshire.gov.uk
	10.00am - 11.00am Learning Through Play SUPPORTED BY PAB (for confident movers up to 5 years old) Outreach session – Central Park Booking is no longer required.	FEBRUARY 1.00pm – 2.30pm Virtual 'Preparation for Parenting' Session run on Wednesday 23rd February 2022 To register Click here		PLEASE NOTE THERE WILL BE NO SESSIONS ON FRIDAY 25th MARCH DUE TO STAFF TRAINING
1.00pm - 2.00pm Learning Through Play (For children aged 0-5yrs) Booking is no longer required.	10.00am – 11.00am Opening Doors to Employment Four-week employability course for parents. To find out more email beststart@eyalliance.org.uk	MARCH 1.00pm – 2.30pm Virtual 'Preparation for Parenting' Session run on Wednesday 23rd March 2022 To register Click here Any problems registering email beststart@eyalliance.org.uk		1.00pm -2.00pm Learning Together Baby 6 week programme on Health and Physical Development Babies on the move and building the brain (For babies 0- 1 year) To book your place please email: carltonroadcc@lincolnshire.gov.uk
				GROW Your Own Confidence 4-week Course 12.30pm – 2.00pm Please email beststart@eyalliance.org.uk

All our activities are FREE and booking is NOT required unless stated.
Please note that the use of mobile phones and cameras are NOT permitted in the centre. Thank you