Additional Services available at Old Leake Children's Centre

If you would like any further information on the Services available at the Children's Centre, please ask a member of staff.

Old Leake Children's Centre is part of Boston North Children's Centres which also include:

Norfolk Lodge 01522 843135, Carlton Road 01205 355056, Fishtoft Road 01205 356410 St Christopher's 01205 357608

The Early Days: Co-delivered with a Health Visitor for families with babies born during Covid-19.

GROW Your Own Confidence Course: A relaxed course for parents who want to build their self-confidence and resilience, delivered in partnership with LCC Adult Skills and Family Learning.

Stay & Play non-mobile babies: For children who are under one, or not yet walking this drop-in play and learning session offers a variety of activities that are based upon the likes and interests of the children attending. Giving the children attending the opportunity to develop their growing skills while having lots of fun.

Little Explorers: For children aged 0-5 years. A sensory and messy play session providing materials of differing textures, temperatures, and consistencies for children to explore.

Early Explorers: For babies aged 0-1 years. A sensory and messy play session providing materials of differing textures, temperatures, and consistencies for babies to explore

Growing Talk: For children aged 0-5 years. A music and rhyme session focusing on developing children's growing language skills. Children will meet Mikey the puppet and sing along to their favourite songs.

Our Health Services

BreastStart Group:

Come and join us in a relaxed, friendly environment, chat and meet other breastfeeding mums and get some support and advice. A member of the health visiting team supports the group. Pregnant ladies also welcome. Opportunity to self-weigh for breastfeeding mums at St Christophers children's centre.

Top Tips for Babies: Join the family health worker for discussions on subjects like when to introduce solids, healthy eating, oral health, accident prevention, immunisation, how to access support and more. To book a place, please call: 01522 843000.

Old Leake Children's Centre WHAT'S ON GUIDE From 21st Feb **Timetable**



Address -Old Main Road. Old Leake Boston, **PE22 9HR** Tel 01205 872258





Email:oldleakecc@lincolnshire.gov.uk

Like us on Facebook to stay in touch



For all up to date information please go to our web pages at:

https://www.lincolnshire.gov.uk/childcare-and-family-support/find-achildrens-centre/





Old Leake Children's Centre – From 21st February 2022

Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
Health Visitor Assessment Clinic *Appointment only call 01522 843000* Appointment only	10:00am – 11:00am Little Explorers (0- 5 years)		Centre Closed	Centre Closed
10.00 am – 11.00 am Stay and Play For under 1's A session to give babies the opportunity to develop their growing skills whilst having lots of fun	For children aged 0-5 years. A sensory and messy play session providing materials of differing textures, temperatures, and consistencies for children to explore.	10:00am – 10:45am Growing Talk (0 – 5 years) For children aged 0-5 years. A music		
	1:00pm – 2:00pm Early Explorers (0- 1 years)	and rhyme session focusing on developing children's growing language skills. Children will meet Mikey the puppet and sing along to their favourite songs. This is a 6 week course so booking is required.		
	For babies aged 0-1 year. A sensory and messy play session providing materials of differing textures, temperatures, and consistencies for babies to explore.	*Booking required* Please email oldleakecc@lincolnshire.gov.uk		GROW Your Own Confidence 4-week Course 12.30 – 2 pm Please email beststart@eyalliance.org.uk to find out more or when the next course begins
	10.00 – 11.00am Virtual -Opening Doors to Employment This four-week employability course is	1.00pm – 2.30pm Virtual 'Preparation for Parenting' Sessions run on <u>Wednesday's</u>		
	for parents who are ready to look for a job but could do with a helping hand. By the end of the course, you will have	Wednesday 23rd February To Register <u>Click here</u>		
	an up-to-date CV, know how and where to effectively job search and feel confident about communicating	Wednesday 23rd March To Register <u>Click here</u>		
	your skills and experience during interviews. To find out more email beststart@eyalliance.org.uk	Any problems registering email beststart@eyalliance.org.uk	Please note that by following the 'click here' links you will be directed to a third party website called Zoom, and you will complete your registration process via Zoom.	