

## Additional Services available at St Christopher's Children's Centre

If you would like any further information on the Services available at the Children's Centre, please ask a member of staff.

St Christopher's Children's Centre is part of Boston Children's Centres which also include:

Norfolk Lodge CC 01522 843135, Fishtoff Road CC 01205 356410, Carlton Road CC 01205 355056 and Old leake CC 01205 872258.

**Learning Through Play 0-5 Years:** This drop in session provides a variety of activities for children to explore supporting children's changing needs and interests, the session offers an opportunity for parents, carers and children to discover and explore a wide range of play activities together, encouraging children's independence, confidence and social skills.

**Stay & Play Babies 0- 1:** A session to give babies the opportunity to develop their growing skills while having lots of fun.

**KIDS – ESLP:** Providing support for children and families living with additional needs.

**GROW Your Own Confidence Course:** A relaxed course for parents who want to build their self-confidence and resilience, delivered in partnership with LCC Adult Skills and Family Learning.

### Our Health Services

**BreastStart Group:** Come and join us in a relaxed, friendly environment, chat and meet other breastfeeding mums and get some support and advice. A member of the health visiting team supports the group. Pregnant ladies also welcome. Opportunity to self-weigh for breastfeeding mums.

**Top Tips for Babies:** Join the family health worker for discussions on subjects like when to introduce solids, healthy eating, oral health, accident prevention, immunisation, how to access support and more. To book a place, please call: [01522 843000](tel:01522843000).

**Health Visitor Clinic:** There are many different health professionals within the Centre, delivering services such as midwifery and health visiting clinics. A health visitor clinic includes 6-8 week, 8-12 months and 2-2.5 year's assessments as well as 3-4 month contact. Appointment only To book call 01522 843000.

## St Christopher's Children's Centre WHAT'S ON GUIDE



### Spring Term Timetable From 21st Feb – 31st March 2022

#### Address –

St Christopher's Children's  
Centre, Fenside Road,  
Boston, Lincs, PE21 8HY  
Tel 01205 357608

#### Opening Times

Monday to Thursday 8.30am – 4.30pm

Friday 8.30am – 4.00pm

Closed Weekends & Bank Holidays



Email: [StChristophersCC@lincolnshire.gov.uk](mailto:StChristophersCC@lincolnshire.gov.uk)

Like us on Facebook to stay in touch 

For all up to date information please go to our web pages at:

<https://www.lincolnshire.gov.uk/childcare-and-family-support/find-a-childrens-centre/>



## St Christopher's Children's Centre from 21<sup>st</sup> Feb – 31<sup>st</sup> March 2022

Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
<b>Health Visitor Assessment Clinic</b> <b>*Appointment only call 01522 843000*</b>				
	<b>KIDS – ESLP</b> <b>9.00 am – 12.00pm</b>  Providing support for children and families living with additional needs  <b>For more information and to book call Hazel on 07970753432 or email <a href="mailto:hazel.holden@kids.org.uk">hazel.holden@kids.org.uk</a></b>	<b>10.00am – 11.00am</b> <b>"NEW" Learning Through Play (For Children aged 0-5 Years)</b>  This drop in session provides a variety of activities for children to explore supporting children's changing needs and interests, the session offers an opportunity for parents, carers and children to discover and explore a wide range of play activities together, encouraging children's independence, confidence and social skills.	<b>10.00am – 11.00am</b> <b>Stay and Play Babies (0- 1)</b>  A session to give babies the opportunity to develop their growing skills whilst having lots of fun.	<b>"PLEASE NOTE</b> <b>THERE WILL BE NO SESSIONS</b> <b>RUNNING ON FRIDAY 25<sup>th</sup></b> <b>MARCH</b> <b>DUE TO STAFF TRAINING"</b>
	<b>10.00am – 11.00am</b> <b>Opening Doors to Employment</b> four-week employability course for parents. To find out more email <a href="mailto:beststart@eyalliance.org.uk">beststart@eyalliance.org.uk</a>			<b>GROW Your Own Confidence</b> 4-week Course 12.30 – 2.00pm Please email <a href="mailto:beststart@eyalliance.org.uk">beststart@eyalliance.org.uk</a> to find out more or when the next course begins
	<b>1.30pm – 2.30pm</b> <b>BreastFeeding Group</b> Advice and support from health visiting professionals on breast feeding and feeding in a welcoming and relaxed atmosphere as well as an opportunity to weigh your child.  "You do not need to book onto a Breastfeeding Session and can just attend on the day/time. Please make sure you are familiar with building safety guidance"	<b>1.00pm – 2.30pm</b> <b>Virtual 'Preparation for Parenting' Session run on Wednesday 23<sup>rd</sup> February 2022</b> To register <a href="#">Click here</a>  And <b>1.00pm – 2.30pm</b> <b>Virtual 'Preparation for Parenting' Session run on Wednesday 23<sup>rd</sup> March 2022</b> To register <a href="#">Click here</a>  Any problems registering email <a href="mailto:beststart@eyalliance.org.uk">beststart@eyalliance.org.uk</a>		<i>Please note that by following the 'click here' links you will be directed to a third party website called Zoom, and you will complete your registration process via Zoom.</i>

**All our activities are FREE and booking is NOT required unless indicated.**

Please note that the use of mobile phones and cameras are **NOT** permitted in the centre. Thank you